



# “PEACE” Student Exchange Program Completion Report

## For IDEC Students for AY2018-2019

### 1. STUDENT PERSONAL DATA

<b>Name</b>	Pwint Hset Khin		
<b>Student ID</b>	M166609		
<b>Nationality</b>	Myanmar		
<b>Host Institution</b>	National University of Laos / Souphanouvong University		
<b>Study Abroad Period</b>	<b>From:</b>	30 MAY 2018	<b>To:</b> 05 JUN 2018

**[NOTE]: Please note that your report might be read by your supervisor(s) and future PEACE students at HU as well as by the general public, as it will be later uploaded on the PEACE website.**

### 2. STUDY ABROAD EXPERIENCES (minimum 500 words)

**\*Please write about your study abroad experiences (academic or cultural) under the “PEACE” Student Exchange Program, including one or two pictures.**

As an exchange student under the PEACE exchange program 2018, I went a study visit to Luang Prabang, the old capital of Laos and Vientiane, the capital and largest city of Laos. In Luang Prabang, I visited to Souphanouvong University which is one of the five national universities in Laos and made my presentation in the research dissemination seminar at the Faculty of Education. Last time I presented my research proposal at the National University of Laos (NUOL), Vientiane and this time I made presentation about my research findings. Although I had to present my research work to the people who are not in my research field of science education, I got fruitful suggestions to improve my research better. This seminar provided advice how to improve my research better and provided critical feedback about my research. Making the research presentation was very beneficial to students like me. It made me improve my presentation skills in front of a lot of people. Therefore, this research dissemination seminar is so valuable for students and researchers like me. It improved the ability to make presentation, making network and expanding my knowledge.

We also had a research proposal writing seminar at the Ministry of Education in Vientiane, Laos. This seminar is intended to the people who would like to apply scholarship and study in Japan. This seminar would be really effective for these people.

As Luang Prabang is recognized as a UNESCO World Heritage Site for its outstanding cultural, historic and architectural values, I got the chance to visit famous places like Wat Xieng Thong, Kuang Si Falls and Pak Ou Cave. Tasting the traditional foods from local restaurants was a wonderful experience for me. Visiting night market



which is also a place I can learn their culture through the shelves of the market were a precious memory for me. Interacting with local people allowed me to not only build new friendships and relationships, but also to learn about their culture from a local perspective. Getting to know the locals, experiencing the culture, and living as they do is an unforgettable memory. By doing so, I got to know more about their culture and their wonderful lifestyles. People are very friendly, and their culture is so friendly and open-minded that it is easy to feel welcome.

For me it was an experience that helped me understand how important to see new places, meet new people, and to always be open to learning about the various ways people live their lives around the world. Seeing the different cultures and point of views helped to expand my views, giving a better understanding of other countries. By getting a chance it while I am still a student of Hiroshima University, I got the experiences from this program that allowed me to grow academically as I got fruitful suggestions to improve my research, socially as I made new connections and culturally as I learned more about Laos culture and traditions. It was really a good chance to encounter new knowledge, traditions and cultures.



### 3. MESSAGE FOR FUTURE “PEACE” STUDENTS

**\*Please write your message for future PEACE students (\*no minimum or maximum requirement for the number of words).**

I am sure by making your research presentation, you will get fruitful suggestions and will get ideas to improve your research work. The experiences from this program will also help you to understand the differences and similarities between various cultures and broaden your views about the world.